

# YOUR HEALTH RESOURCE GUIDE

Oxford Health Plans is committed to helping you achieve your personal health goals. We hope you find this informational guide helpful. To find out more about Oxford, or access information about a range of health topics, log onto [www.oxfordhealth.com](http://www.oxfordhealth.com).

*Wishing you the best of health.*



Oxford Health Plans®  
**there is another way.**

[www.oxfordhealth.com](http://www.oxfordhealth.com)

The information found on the web sites mentioned in this brochure is not a replacement for seeing your doctor if you believe you may have a medical condition. A proper diagnosis and treatment plan should only be made by a trained medical professional after a thorough examination in person. Above all, remember that any advice you find on the web should be used as an educational tool. It is not meant to replace the advice of a doctor or other healthcare professional.

Oxford Health Plans makes every reasonable effort to ensure the accuracy of the listings provided in this pamphlet, but we are not responsible for any typographical errors or incorrect information provided by third parties.

## National Organizations and Support Groups



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**there is another way.**



## **YOUR HEALTH RESOURCE GUIDE**

Oxford wants to help you and your loved ones be as healthy as you can be. We strive to play an active role in your health by offering you access to a quality physician network and a host of programs and services to meet your needs.

Knowing how busy and demanding life can be, we compiled this handy list of support organizations for you. *Your Health Resource Guide* is designed to empower you with the resources and information you need to manage your health.

You can also access a wealth of information regarding health issues by logging onto [www.oxfordhealth.com](http://www.oxfordhealth.com) and then visiting the oxfordhealth Center.

## National Organizations and Support Groups

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## Cancer Resources

### AMERICAN CANCER SOCIETY

1599 Clifton Road NE  
Atlanta, GA 30329  
800-ACS-2345 (800-227-2345)

[www.cancer.org](http://www.cancer.org)

The American Cancer Society is a volunteer organization that conducts and supports research, education, and service programs for cancer patients. Public education activities include toll-free cancer information services, educational pamphlets and programs, and the presentation of materials to the media. Materials are available in Chinese and Spanish.

### AMERICAN INSTITUTE FOR CANCER RESEARCH

1759 R Street NW  
Washington, DC 20009  
800-843-8114

[www.aicr.org](http://www.aicr.org)

The American Institute for Cancer Research (AICR), a non-profit organization, is dedicated to informing the public about how to reduce the risk of cancer and increase early detection. AICR concentrates on diet and nutrition as methods of cancer control. AICR also supports cancer research grants and sponsors conferences on the role of nutrition in the development and treatment of cancer.

### CANCER CARE, INC.

275 7<sup>th</sup> Avenue  
New York, NY 10001  
800-813-HOPE (800-813-4673)

[www.cancercare.org](http://www.cancercare.org)

Cancer Care, Inc., is a non-profit agency that provides support and educational information to cancer patients and their families.

### CANCER HOPE NETWORK

2 North Road  
Chester, NJ 07930  
877-HOPENET (877-467-3638)

[www.cancerhopenetwork.org](http://www.cancerhopenetwork.org)

The Cancer Hope Network is a non-profit organization that provides support for patients and families dealing with cancer and cancer treatments. This free and confidential program offers one-on-one support for people undergoing treatment for cancer. Support is provided by over 300 trained and certified volunteers who have survived the treatment themselves and understand the fears and concerns that patients encounter.

### CANCER RESEARCH INSTITUTE

681 Fifth Avenue  
New York, NY 10022-4209  
800-99-CANCER (800-992-2623)

[www.cancerresearch.org](http://www.cancerresearch.org)

The Cancer Research Institute has been recognized throughout the world for offering great hope for the ultimate prevention and treatment of human cancer. For nearly five decades, the Institute has been a sustaining force in cancer and immunology research.

### GILDA'S CLUB

322 Eight Avenue, Suite 1402  
New York, NY 10001  
888-GILDA-4U (888-445-3248)

[www.gildasclub.org](http://www.gildasclub.org)

Gilda's Club offers people living with cancer a place where they can build social and emotional support.

### THE NATIONAL CANCER INSTITUTE

NCI Public Inquiries Office  
Suite 3036A Executive Boulevard MSC8322  
Bethesda, MD 20892-8322  
800-4CANCER (800-422-6237)

800-332-8615 (TTY)

[www.cancer.gov](http://www.cancer.gov)

The Cancer Information Service, funded by the National Cancer Institute (NCI), is a toll-free line that provides the latest information on treatment, prevention, detection, support groups, and clinical trials. Free NCI booklets are also available.

### WOMEN'S CANCER NETWORK

C/O Gynecologic Cancer Foundation  
401 North Michigan Avenue  
Chicago, IL 60611  
312-644-6610

[www.wcn.org](http://www.wcn.org)

The Women's Cancer Network is an interactive Internet site that offers information about gynecological cancers, risk factors, and treatment options.

## Breast Cancer

### MOTHERS SUPPORTING DAUGHTERS WITH BREAST CANCER

C/O Charmayne Dierker, President  
21710 Bayshore Road  
Chestertown, MD 21620-4401  
410-778-1982

[www.mothersdaughters.org](http://www.mothersdaughters.org)

Mothers Supporting Daughters with Breast Cancer is a national, non-profit organization that recommends ways for mothers to support daughters during the various phases of treatment and recovery. They provide brochures containing basic medical information about breast cancer. They also offer a local, regional, and national communication network for mothers and daughters.

### NATIONAL ALLIANCE OF BREAST CANCER ORGANIZATIONS

9 East 37th Street, 10th Floor  
New York, NY 10016  
888-80-NABCO (888-806-2226)

[www.nabco.org](http://www.nabco.org)

The National Alliance of Breast Cancer Organizations (NABCO) consists of more than 300 breast cancer organizations. NABCO offers *The Breast Cancer Resource List*, a comprehensive catalogue of resources organized by topic — it includes books, videos, tapes, support groups, and breast cancer organizations nationwide.

### NATIONAL BREAST CANCER COALITION

1707 L Street NW, Suite 1060  
Washington, DC 20036  
202-296-7477

[www.natlbcc.org](http://www.natlbcc.org)

The National Breast Cancer Coalition (NBCC) is a grassroots organization that focuses on breast cancer advocacy and education. NBCC provides information about the organization, its programs, outreach, and lobbying efforts.

### SHARE: SELF-HELP FOR WOMEN WITH BREAST CANCER

1501 Broadway, Suite 1720  
New York, NY 10036  
866-891-2392

[www.sharecancersupport.org](http://www.sharecancersupport.org)

SHARE is a non-profit organization that provides support groups, education programs, and information hotlines for people inquiring about breast cancer. Assistance is available in English and Spanish.

### **SUSAN G. KOMEN BREAST CANCER FOUNDATION**

5005 LBJ Freeway, Suite 250  
Dallas, TX 75244  
800-IM-AWARE (800-462-9273)

[www.komen.org](http://www.komen.org)

Susan Komen Foundation provides support to women with breast cancer. Volunteers who have survived breast cancer staff a telephone help line. Publications are also available.

### **Y-ME NATIONAL BREAST CANCER ORGANIZATION**

212 West Van Buren, Suite 500  
Chicago, IL 60607  
800-221-2141 English  
800-986-9505 Spanish

[www.y-me.org](http://www.y-me.org)

Y-ME serves women with breast cancer and their families and friends — through their national 24-hour hotline, early detection workshops, and support groups. They also offer peer support programs, which include breast cancer patients (and spouses) talking with survivors (and spouses).

## **Cervical/Ovarian Cancer**

### **GYNECOLOGIC CANCER FOUNDATION**

401 North Michigan Avenue  
Chicago, IL 60611  
800-444-4441

[www.wcn.org/gcf](http://www.wcn.org/gcf)

The Gynecologic Cancer Foundation is a non-profit, fundraising organization that supports ovarian cancer research, physician training, and patient education programs. Callers can obtain a list of gynecologic oncologists and educational literature on prevention.

### **NATIONAL OVARIAN CANCER COALITION**

500 NE Spanish River Blvd, Suite 14  
Boca Raton, FL 33431  
888-OVARIAN (888-682-7426)

[www.ovarian.org](http://www.ovarian.org)

The National Ovarian Cancer Coalition promotes education and awareness about ovarian cancer to both the medical community and the general population.

### **OVARIAN CANCER NATIONAL ALLIANCE**

910 17th Street NW, Suite 413  
Washington, DC 20006  
202-331-1332

[www.ovariancancer.org](http://www.ovariancancer.org)

The Ovarian Cancer National Alliance is an organization that promotes education and awareness about ovarian cancer to both the medical community and the general population. They advocate more effective diagnostic testing, treatments, and finding a cure.

### **SHARE: SELF-HELP FOR WOMEN WITH OVARIAN CANCER**

1501 Broadway, Suite 1720  
New York, NY 10036  
866-891-2392

[www.sharecancersupport.org](http://www.sharecancersupport.org)

SHARE is a non-profit organization that provides support groups, education programs, and information hotlines for people inquiring about ovarian cancer. Assistance is available in English and Spanish.

## **Colon Cancer**

### **CENTER FOR DISEASE CONTROL AND PREVENTION**

CDC/DCPC  
1600 Clifton Rd.  
Atlanta, GA 30341

888-842-6355

[www.cdc.gov/cancer/index.htm](http://www.cdc.gov/cancer/index.htm)

The Center for Disease Control and Prevention (CDC) is a federal agency that focuses primarily on disease prevention and control, health promotion and health education for people in the United States. The CDC provides information about colorectal cancer, its symptoms, and the types of screening tests available.

### **COLON CANCER ALLIANCE**

175 Ninth Avenue  
New York, NY 10011  
877-422-2030

[www.ccalliance.org](http://www.ccalliance.org)

The Colon Cancer Alliance (CCA) focuses on colon cancer by offering information, resources and educational materials to people who are affected by this condition. This organization also helps people with a genetic predisposition to the disease.

### **COLORECTAL CANCER NETWORK**

P.O. Box 182  
Kensington, MD 20895-0182  
301-879-1500

[www.colorectal-cancer.net](http://www.colorectal-cancer.net)

The Colorectal Cancer Network offers one-on-one and individual support for family and friends of colorectal cancer patients, and connects newly diagnosed cancer patients with long-term survivors. The network also maintains an extensive library of information about colorectal cancer and various support groups.

## **Liver Cancer**

### **THE LIVER CANCER NETWORK**

320 East North Avenue  
Pittsburgh, PA 15212-4722  
412-359-6738

[www.livecancer.com](http://www.livecancer.com)

The Liver Cancer Network (presented by Allegheny General Hospital) is designed to provide information about liver cancer to patients and families. They focus on education, detection, symptoms, and treatment of liver cancer. Their goal is to provide patients and family members with the basic understanding of what liver cancer is and how to cope with and manage cancer.

### **THE NATIONAL CANCER INSTITUTE NCI Public Inquiries Office**

Suite 3036A  
6116 Executive Boulevard, MSC 8322  
Bethesda, MD 20892-8322  
800-4-CANCER (800-422-6237)

[www.cancer.gov](http://www.cancer.gov)

Information is provided on liver cancer detection, screenings, symptoms, and diagnosis. Research and resources are also available on the treatment options of liver cancer.

## **Lung Cancer**

### **ALLIANCE FOR LUNG CANCER ADVOCACY, SUPPORT AND EDUCATION**

500 W. 8th St. Suite 240  
Vancouver, WA 98660  
800-298-2436

[www.alcase.org](http://www.alcase.org)

Alliance for Lung Cancer Advocacy, Support, and Education (ALCASE) is a non-profit organization dedicated to helping people with lung cancer or those who may be at risk. ALCASE provides information about the organization, its programs, outreach, and treatment options.

## **THE AMERICAN LUNG ASSOCIATION**

**61 Broadway, 6th Floor  
New York, NY 10006  
212-315-8700**

*www.lungusa.org*

The American Lung Association helps individuals living with lung disease.

## **Pancreatic Cancer**

### **THE NATIONAL PANCREAS FOUNDATION**

**The National Pancreas Foundation  
P.O. Box 15333  
Boston, MA 02215**

*www.pancreasfoundation.org*

The National Pancreas Foundation (NFP) supports the research of pancreatic cancer to provide information, resources, and services to people suffering from this illness. NFP raises funds from grants to offer support, help, and assistance to those individuals affected by pancreatic cancer.

### **PANCREATIC CANCER ACTION NETWORK NATIONAL HEADQUARTERS**

**2221 Rosecrans Ave., Suite 131  
El Segundo, CA 90245  
877-272-6226**

*www.pancan.org*

Pancreatic Cancer Action Network is the first national based advocacy program that focuses on pancreatic cancer. They provide public awareness, prevention programs, early detection methods, and effective treatments.

## **Prostate Cancer**

### **AMERICAN PROSTATE SOCIETY**

**P.O. Box 870  
Hanover, MD 21076  
800-308-1106**

*www.ameripros.org*

The American Prostate Society is a non-profit organization that focuses on reducing the suffering and deaths caused by prostate diseases through awareness, education, and service to the community.

### **NATIONAL PROSTATE CANCER COALITION**

**1154 15th Street, NW  
Washington, DC 20005  
888-245-9455**

*www.pcacoalition.org*

The National Prostate Cancer Coalition is a U.S. based organization whose main goal is to provide support for individuals who have an interest in the prevention and cure of prostate cancer.

### **US TOO! INTERNATIONAL, INC.**

**5003 Fairview Avenue  
Downers Grove, IL 60515  
800-808-7866 (800-80US TOO)**

*www.ustoo.com*

US TOO! International, Inc.'s goal is to promote public awareness of prostate cancer. It is one the largest patient-organized support groups that focuses on patient support, peer counseling, and education about treatment options.

## **Testicular Cancer**

### **THE ASSOCIATION OF CANCER ONLINE RESOURCES**

**The Testicular Cancer Resource Center  
173 Duane Street  
Suite 3A  
New York NY 10013-3334  
212-226-5525**

*www.acor.org*

The Association of Cancer Online Resources (ACOR) offers education, support, and information to the community and to those affected by testicular cancer. It also provides testing and treatment information, as well as ongoing research and support for people with testicular cancer.

### **LANCE ARMSTRONG FOUNDATION**

**P.O. BOX 161150  
AUSTIN, TX 78716-1150  
512-236-8820**

*www.laf.org*

The Lance Armstrong Foundation (LAF) is a non-profit organization that focuses on enriching the quality of life for those living with cancer and beyond. LAF provides education, research, support, and resources for those suffering from testicular cancer.

## **Domestic Violence**

### **NATIONAL COALITION AGAINST DOMESTIC VIOLENCE**

**P.O. Box 18749  
Denver, CO 80218  
303-839-1852**

*www.ncadv.org*

The National Coalition Against Domestic Violence's work includes public education and awareness activities, training and technical assistance, public policy development and monitoring, and other social change strategies designed to eradicate societal conditions that contribute to domestic violence.

### **NATIONAL DOMESTIC VIOLENCE HOTLINE**

**800-799-SAFE (800-799-7233)  
800-787-3224 (TTY)**

The National Domestic Violence Hotline is available to victims of domestic violence, their families, and friends across the U.S. It is available 24 hours a day, seven days a week. Interpreters are able to translate 139 languages. The line links individuals to help in their area, using a nationwide database that includes information on domestic violence shelters, legal advocacy and assistance programs, and social service programs.

### **NATIONAL ORGANIZATION FOR VICTIM ASSISTANCE**

**1730 Park Road NW  
Washington, DC 20010  
202-232-6682**

**(Main Office and Crisis Hotline)**

*www.try-nova.org*

The National Organization for Victim Assistance (NOVA) is a small, private, non-profit organization dedicated to improving services to victims and survivors of violent crime and disaster. NOVA offers 24-hour crisis counseling to crime victims and can direct callers to supportive services throughout the United States.

## **Heart Disease**

### **AMERICAN HEART ASSOCIATION**

**National Center  
7272 Greenville Avenue  
Dallas, TX 75231**

**800-AHA-USA-1 (800-242-8721)**

*www.americanheart.org*

The American Heart Association is a national organization that focuses on reducing the number of disabilities and deaths associated with cardiovascular disease.

## Mental Health and Substance Abuse

### NATIONAL HEART, LUNG, AND BLOOD INSTITUTE

NHLBI Health Information Center  
P.O. Box 30105  
Bethesda, MD 20824-0105  
301-592-8573  
240-629-3255 (TTY)

[www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)

The National Heart, Lung, and Blood Institute represents a national program that specializes in diseases of the lung, blood, heart and blood vessels. They publish health information, catalogs, and video cassettes on a variety of topics for the public.

### THE MENDED HEARTS, INC.

Home Office  
7272 Greenville Avenue  
Dallas, TX 75231  
214-706-1442

[www.mendedhearts.org](http://www.mendedhearts.org)

The Mended Hearts, Inc. is affiliated with the American Heart Association. Mended Hearts provides support, education and encouragement to patients who have heart disease and their families.

### WOMEN HEART

National Coalition for Women with Heart Disease  
818 18th Street NW, Suite 730  
Washington, DC 20006  
202-728-7199

[www.womenheart.org](http://www.womenheart.org)

The coalition was founded by a group of female heart attack survivors who joined together to provide information, support, and advocacy to improve the quality of life for women living with heart disease.

### ALCOHOLICS ANONYMOUS

Grand Central Station  
P.O. Box 459  
New York, NY 10163  
518-625-2002

[www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)

Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope so they may solve their common problem and help others recover from alcoholism.

### SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION

Administration Drug Information Branch  
5600 Fishers Lane  
Rockville, MD 20857  
800-662-HELP (800-662-4357)

[www.samsha.gov](http://www.samsha.gov)

Substance Abuse and Mental Health Services Administration identifies, develops, and supports policies, approaches, and programs that address addiction-related problems and expand treatment services for individuals who abuse alcohol and other drugs.

### NATIONAL ALLIANCE FOR THE MENTALLY ILL

Colonial Place Three  
2107 Wilson Boulevard, Suite 300  
Arlington, VA 22201  
800-950-6264 or 703-524-7600

[www.nami.org](http://www.nami.org)

The National Alliance for the Mentally Ill is a non-profit, self-help support organization consisting of families and friends with severe mental illness such as obsessive compulsive disorder, manic depression, anxiety disorder, and bipolar disorder. Its mission is to help those lives affected by mental illness and improve their quality of life.

### DEPRESSION AND BIOPOLAR SUPPORT ALLIANCE

730 N. Franklin Street, Suite 501  
Chicago, IL 60610-7204  
800-826-3632

[www.ndmda.org](http://www.ndmda.org)

Depression and Support Alliance Association is a non-profit organization that provides support and direct services to patients with clinical or manic depression, and their families. They also support mental health professionals and the general public. Their services include public education, distribution of literature, support and promotion of research, and a quarterly newsletter.

### NATIONAL INSTITUTE OF MENTAL HEALTH

NIMH Public Inquiries  
6001 Executive Boulevard  
Room 8184, MSC 9663  
Bethesda, MD 20892-9663  
301-443-4513

[www.nimh.nih.gov](http://www.nimh.nih.gov)

The National Institute of Mental Health (NIMH), a component of the National Institutes of Health, is a federal agency that supports nationwide research on mental health and mental illness. They distribute information and publications on NIMH-sponsored educational programs about depressive and panic disorders, symptoms, and treatments.

### NATIONAL INSTITUTE ON DRUG ABUSE

6001 Executive Boulevard, Room 5213  
Bethesda, MD 20892-9561  
301-443-1124

[www.drugabuse.gov](http://www.drugabuse.gov)

The mission of the National Institute on Drug Abuse is to support and conduct research across a broad range of disciplines. The organization ensures the rapid and effective dissemination and use of research results to significantly improve drug abuse and addiction prevention, treatment, and policy.

### NATIONAL MENTAL HEALTH ASSOCIATION

2001 N. Beauregard Street, 12<sup>th</sup> Floor  
Alexandria, VA 22311  
800-969-NMHA (800-969-6642) or  
703-684-7722, 800-433-5959 (TTY)

[www.nmha.org](http://www.nmha.org)

The National Mental Health Association was created to improve understanding of mental health and mental illness, and to assist people and their families in dealing with these issues. Local chapters provide informational services to individuals and community groups, and offer emotional support for families.

## Sexually Transmitted Diseases

### AMERICAN SOCIAL HEALTH ASSOCIATION

P.O. Box 13827  
Research Triangle Park, NC 27709  
919-361-8400

[www.ashstd.org](http://www.ashstd.org)

The American Social Health Association is recognized by patients, providers, the public, and policy makers for developing and delivering accurate, medically reliable information about sexually transmitted diseases.

## **CDC NATIONAL PREVENTION INFORMATION NETWORK**

**P.O. Box 6003**

**Rockville, MD 20849-6003**

**800-458-5231, 800-243-7012 (TTY)**

*www.cdcnpin.org*

The CDC National Prevention Information Network (NPIN) develops, identifies, and collects information on the prevention, treatment, and control of HIV/AIDS, sexually transmitted diseases (STDs), and tuberculosis (TB). NPIN offers a variety of services, including recommendations about public and private resources, online databases, and publications about HIV/AIDS, STDs and TB.

## **CDC NATIONAL STD/AIDS HOTLINE**

**Technical Information and Communications Branch**

**American Social Health Association**

**PO Box 13827**

**Research Triangle Park, NC 27709-3827**

**TTY: 1-800-243-7889**

**800-342-2437 (24 hours a day, 365 days a year)**

*www.cdc.gov/hiv/dhap.htm*

Information specialists are available to answer questions and send free publications regarding prevention, risk, testing, and treatment for diseases such as gonorrhea, chlamydia, HPV/genital warts, herpes, HIV, and others.

## **Men's Health**

### **MEN'S HEALTH NETWORK**

**P.O. Box 75972**

**Washington, DC 20013**

**202-543-MHN1 (6461)**

*www.menshealthnetwork.org*

The Men's Health Network is a non-profit organization comprised of public health workers, researchers, physicians, and other health professionals. They focus on improving the health and well-being of boys and men through education and awareness.

## **THE MALE HEALTH CENTER**

**540 West Main Street**

**Lewisville, TX 75057**

**972-751-MALE (6253)**

*www.malehealthcenter.com*

The Male Health Center is the first center to specialize in men's health. It provides support and education about cancer screening, impotence, sexually transmitted diseases, vasectomy, prostate disorders, and wellness. The center helps men overcome the misconceptions and fears associated with men's health.

## **Women's Health**

### **NATIONAL WOMEN'S HEALTH INFORMATION CENTER**

**8550 Arlington Blvd, Suite 300**

**Fairfax, VA 22031**

**800-994-WOMAN (800-994-9662)**

**888-220-5446 (TTY)**

*www.4woman.gov*

The National Women's Health Information Center (NWHIC) is a service of the Office on Women's Health in the Department of Health and Human Services. The NWHIC has an 800 line that gives callers access to thousands of federal and approved non-federal organizations and publications.

### **NATIONAL WOMEN'S HEALTH NETWORK**

**514 10th Street NW, Suite 400**

**Washington, DC 20004**

**202-347-1140**

**202-628-7814**

*www.womenshealthnetwork.org*

The National Women's Health Network is a non-profit organization. It is the only national public-interest membership organization dedicated exclusively to women's health.

## **NATIONAL PARTNERSHIP FOR WOMEN AND FAMILIES**

**1875 Connecticut Avenue NW**

**Suite 650**

**Washington, DC 20009**

**202-986-2600**

*www.nationalpartnership.org*

The National Partnership for Women and Families is a non-profit organization that uses public education and advocacy to promote fairness in the workplace, quality healthcare, and policies that help women and men meet the dual demands of work and family.

## **NATIONAL WOMEN'S HEALTH RESOURCE CENTER, INC.**

**120 Albany Street, Suite 820**

**New Brunswick, NJ 08901**

**877-986-9472**

*www.healthywomen.org*

The National Women's Health Resource Center, Inc., is a non-profit organization that is the national clearinghouse for women's health information. It is dedicated to helping women make informed decisions about their health and encouraging women to embrace healthy lifestyles to promote wellness and prevention.

## **WELL SPOUSE FOUNDATION**

**63 West Main Street, Suite H**

**Freehold, NJ 07728**

**800-838-0879**

*www.wellspouse.org*

The Well Spouse Foundation lends support to husbands and wives of the chronically ill through different channels, such as newsletters, support groups, counseling, and annual conferences.

## **Gynecological Health**

### **AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS**

**409 12th Street SW P.O. Box 96920**

**Washington, DC 20090-6920**

**202-638-5577**

*www.acog.com*

The American College of Obstetricians and Gynecologists is the nation's leading group of professionals providing healthcare for women. They provide brochures on a variety of women's health topics. In addition, they offer a physician directory as a public service for women who wish to locate an obstetrician/gynecologist in their area.

### **ENDOMETRIOSIS ASSOCIATION**

**8585 North 76th Place**

**Milwaukee, WI 53223**

**414-355-2200**

*www.EndometriosisAssn.org*

The Endometriosis Association is a group of women interested in providing support and education to increase awareness about endometriosis and assist women who are dealing with this disease. The association offers crisis-call assistance and has a small library of endometriosis materials.

### **PLANNED PARENTHOOD FEDERATION OF AMERICA**

**434 West 33<sup>rd</sup> Street**

**New York, NY 10001**

**212-541-7800**

*www.plannedparenthood.org*

Planned Parenthood is the world's largest and oldest voluntary family planning organization.

## Infertility

### AMERICAN INFERTILITY ASSOCIATION

666 Fifth Avenue, Suite 278  
New York, NY 10103  
888-917-3777

[www.americaninfertility.org](http://www.americaninfertility.org)

The American Infertility Association is a national organization dedicated to assisting women and men facing decisions related to family building and reproductive health — from prevention and treatment to social and psychological concerns.

### RESOLVE (INFERTILITY ORGANIZATION)

1310 Broadway  
Somerville, MA 02144-1731  
888-623-0744

[www.resolve.org](http://www.resolve.org)

Resolve supports families through a variety of methods, including appropriate medical treatment, adoption, surrogacy, and the choice of child-free living.

### THE INTERNATIONAL COUNCIL ON INFERTILITY INFORMATION DISSEMINATION

P.O. Box 6836  
Arlington, VA 22206  
703-379-9178

[www.inciid.org](http://www.inciid.org)

The International Council on Infertility Information Dissemination (INCIID, pronounced “inside”) is a non-profit, consumer advocacy organization dedicated to helping couples explore their family-building options.

### AMERICAN SOCIETY FOR REPRODUCTIVE MEDICINE

1209 Montgomery Highway  
Birmingham, AL 35216-2809  
205-978-5000

[www.asrm.org](http://www.asrm.org)

The American Society for Reproductive Medicine is a non-profit, professional society devoted to advancing knowledge and expertise in reproductive medicine and biology. Services offered to patients include general patient education and a physician directory of reproductive surgeons and endocrinologists.

## Menopause

### THE HORMONE FOUNDATION

8401 Connecticut Avenue, Suite 900  
Chevy Chase, MD 20815-5817  
800-HORMONE (800-467-6663)

[www.hormone.org](http://www.hormone.org)

The Hormone Foundation is dedicated to improving quality of life by promoting the prevention, diagnosis, and treatment of human diseases in which hormones play a role.

### THE NORTH AMERICAN MENOPAUSE SOCIETY

P.O. Box 94527  
Cleveland, OH 44101-4527  
800-774-5342 (automated request line for materials) or 440-442-7550

[www.menopause.org](http://www.menopause.org)

The North American Menopause Society is a non-profit, membership society for healthcare professionals and educators dedicated to research and education about menopause.

## Osteoporosis

### NATIONAL OSTEOPOROSIS FOUNDATION

1232 22nd Street N.W.  
Washington, D.C. 20037-1292  
202-223-2226

[www.nof.org](http://www.nof.org)

The National Osteoporosis Foundation is a major resource for people seeking up-to-date, medically sound information on the causes, prevention, detection, and treatment of osteoporosis. They offer basic information on osteoporosis as well as publications on prevention and treatment for a nominal fee.

### NATIONAL RESOURCE CENTER ON OSTEOPOROSIS AND RELATED BONE DISEASES

1232 22nd Street NW  
Washington, DC 20037-1292  
800-624-BONE (800-624-2663) or  
202-223-0344  
202-466-4315 (TTY)

[www.osteo.org](http://www.osteo.org)

This information clearinghouse seeks to expand awareness and increase understanding of prevention, early detection, and treatment of osteoporosis and other metabolic bone disorders, such as Paget’s disease. They also provide informational materials regarding bone diseases.

## Pregnancy

### INTERNATIONAL CHILDBIRTH EDUCATION ASSOCIATION, INC.

P.O. Box 20048  
Minneapolis, MN 55420  
952-854-8660

[www.icea.org](http://www.icea.org)

The International Childbirth Education Association publishes a catalog of books and videos related to birth, parenting, and breastfeeding.

### LA LECHE LEAGUE INTERNATIONAL

1400 N. Meachum Road  
Schaumburg, IL 60173  
847-519-7730

[www.lalecheleague.org](http://www.lalecheleague.org)

La Leche League International provides breastfeeding information, education, and support to women who are interested in breastfeeding.

### LAMAZE INTERNATIONAL

2025 M Street, Suite 800  
Washington, DC 20036-3309  
800-368-4404

[www.lamaze.com](http://www.lamaze.com)

Lamaze International is dedicated to promoting natural, healthy, and fulfilling childbearing experiences for women and their families. They develop standards for prenatal and childbirth education and family-centered maternity care.

### POSTPARTUM SUPPORT INTERNATIONAL

927 North Kellogg Avenue  
Santa Barbara, CA 93111  
805-967-7636

[www.postpartum.net](http://www.postpartum.net)

Postpartum Support International is an international network that focuses on postpartum mental health and social support. They provide information about the diagnosis and treatment of postpartum mood and anxiety disorders.